



# Frequently Asked Questions for Clinical Trials

## WHAT HAPPENS AFTER YOU CONSENT

### What is the next step in the process?

In order to establish if you are suitable for a clinical trial, you need to complete a screening process. Screening is to collect baseline information to monitor your progress during treatment and to make sure that you meet the clinical trial criteria. The screening process is often carried out on the same day that you sign your consent form, and will include visiting your nurses for blood tests and other routine clinical procedures. You may also need to visit our local imaging centres for CT, MRI, ECHO, eye test or bone scans.

### Where are my appointments and how do I make changes?

Please find attached map in order to negotiate your visits and the relevant phone number if you need to contact a specific department. If you need to change your appointment time, have missed your appointment or are running late, please contact 0203 219 5200. Please note that missing an appointment could affect your eligibility for joining a trial, as there are set time limitations for particular trials.

### Who should I contact?

Your core team for the trial is as follows:

NAME OF YOUR STUDY:

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CONSULTANT:

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NURSE:

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You may also hear the term 'trial sponsor' this refers to the organisation who is funding the trial.

### Who do I contact in an emergency or if I feel unwell?

In an emergency please go to the nearest A&E department. If you feel unwell but do not feel as though this is an emergency, please contact us directly on 0203 219 5200 Monday to Friday, from 9am to 5pm. You will be given an out of hours card (OOH) which includes a number to call if you are feeling unwell outside of these hours. Initially your call will be put through to our contact centre, please explain that you are on a clinical trial and they will ensure your information is forwarded to the relevant specialist on our call team. A doctor or nurse will then call you back with further advice. Always inform your core team if you have visited your GP, A&E or have received any treatment.

### How do I know that I'm eligible for the trial?

Your trial nurse or doctor will contact you by phone once we have your screening results. Screening results can take up to one week to come back depending on the trial, and can take up to 2 weeks if you have had a biopsy or tissue testing. Once we receive your results, we send all of your information to the trial sponsor to approve this information, this can take up to 48 working hours and once approved, we will book you into the closest date available to start your treatment.

### How do I find out my schedule?

When you arrive for your first treatment, we will give you all the information that you require relating to your appointments, drug information and supporting documentation.

### How often will I need to visit?

Your trial schedule will indicate how often you will need to visit. Your trial nurse will go through your schedule in detail on the first day of your treatment, but please ensure you have read the patient information sheet (PIS) which outlines the study expectations before starting. Please pay particular attention to the pharmacogenomics (PK) section, as for some trials you may be required to stay between 4 - 12 hours after your treatment for blood tests so that we can monitor the level of drug in your system. This is usually just during your first cycle of treatment. Your trial nurse will be able to answer any questions regarding your schedule and treatment times.

### How long will my visits be?

Appointment times may vary depending on tests or clinical requirements. Please allow plenty of time for your visit. Waiting times may vary from appointment to appointment depending on your trial. After you are first seen, you can expect to wait about an hour for your blood tests to come back. In this time, we will aim for you to have your consultation with your trial doctor and attend any scans or other procedures required. After the blood results are back and the doctor has approved your treatment, you can expect to wait 1 hour for oral treatment and 2 hours for intravenous (IV) treatments. Please allow for delays and unavoidable issues when making plans and booking trains and parking.

## Frequently Asked Questions for Clinical Trials (continued)

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#### Do I need to do anything before my appointment?

If you have a CT scan scheduled, you need to fast for 4 hours before the scan. Please try to have something to eat before this 4-hour period. You are welcome to bring a snack with you to have after you receive your scan. Where appropriate, please fast as instructed by your core nurse and if you are taking any medications, please check with your nurse if you should hold your dose before your visit.

#### Do I need to bring anything with me?

Please do not throw away empty study drug bottles, please retain and bring containers back to clinic with you. Please also make sure you bring with you any diaries, chemotherapy books and study medications, as well as any medications you take throughout the day such as pain killers or antacids.

#### Are my expenses covered?

We recognise travel costs can be expensive and the trial sponsors are happy to reimburse reasonable trial related travel expenses after you have been consented and entered on to the trial. In some cases, there may be maximum limit for reimbursement and if this is the case, we will inform you. If the sponsor agrees to fund travel expenses please note this will be for the patient's travel expenses only and therefore any family members who attend will need to cover their own travel. Please provide receipts to the nurse treating you that day, and make sure you attain a copy of the receipt for your records.

Please note, in order for us to process your mileage expense claims, we will need details of the mileage covered (with start and end post codes); unfortunately a petrol receipt is insufficient and your claim may be refused. This level of detail is required because the sponsors calculate reimbursement of mileage at different rates per

mileage distance. We process expense claims at regular intervals throughout the month to ensure you receive your reimbursements as soon as possible. Please ask your trial nurse for a copy of the relevant forms. If you are unclear on what expenses are covered, please discuss this with a member of your core team.

#### What happens with meals during my visits?

Food will be provided on treatment days for patients. A hot meal is provided for lunch if you are here the entire day, or sandwiches, wraps and salads are available for shorter visits. Alternatively, there are many places near to Sarah Cannon Research Institute - UK to buy food, and you may also bring snacks with you.

#### What if I don't live in London?

If you live far away and find it difficult to get to London early enough for your treatment, we can liaise with the sponsors and try to arrange hotel accommodation for you. Please discuss this with your core team. If you are unable to use public transport, you may also book taxis with reception upon receiving authorisation from the trial sponsor.

